

How to Ship Cannabis in Canada: Your FAQs Answered*†

To ship cannabis, there are specific rules and laws licensed producers and licensed sellers must each adhere to. For the purpose of this infographic, a licensed retailer/producer/seller is any business or persons not distributing or selling cannabis as an individual. Below, we provide some basic guidelines for shipping cannabis within Canada.†

However, please remember, **these rules are often amended and you're solely responsible for knowing the most up-to-date regulations and information.**

We've provided links to some official government sources to help you navigate shipping cannabis.



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What businesses can ship cannabis to individuals?†



For medical cannabis — only a [federally licensed seller](#) can ship medical cannabis to patients.



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For recreational cannabis — each province/territory has a [different distribution plan](#), either by privately licensed or government-operated stores, or both.

There have been changes since the legalization of cannabis on who is allowed to ship it. For example, some private businesses can now ship recreational cannabis permanently, or COVID-19 restrictions have allowed for temporary deliveries to customers who are individuals.



Shipping rules differ province-to-province and you are responsible for knowing what is legal. For the most up-to-date list, please view the information laid out by [Health Canada](#).



Following all necessary regulations, what types of cannabis can be legally shipped?†

- ✔ Ship cannabis flowers, plants and seeds with any [Canadian courier](#)
- ✔ Ship cannabis extracts, cannabis topicals and edible cannabis with any courier
- ✔ Ship cannabis products from province-to-province
- ✔ Send cannabis products to any address (excluding PO boxes)



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How much cannabis can be shipped at one time?†



Medical cannabis

Up to 30 × the patient's daily prescription (for example, if a patient is prescribed 2 grams a day, they can receive 60 grams in at one time)



For recreational cannabis (including flowers, extracts, topicals and edibles), cannabis plants and cannabis seeds, please refer to the [Cannabis Act](#) which outlines all of the up-to-date legislations around the sale and distribution of recreational cannabis.



What CAN'T be done when shipping cannabis?†



Ship cannabis to the U.S. (regardless of whether cannabis is legal in that state or not)



Take cannabis into the U.S. to deliver by hand



Ship or distribute cannabis to underage individuals. (see age restrictions by province below)



Even though certain states in the U.S. have legalized cannabis, it is illegal to ship or carry Canadian cannabis outside of Canada. You can face serious penalties both in Canada and the U.S., from a hefty fine to a jail sentence.

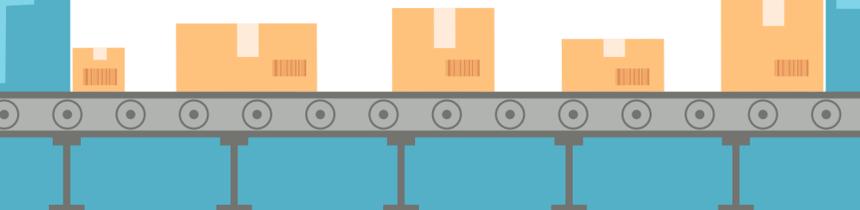


What are some of the packaging and labelling requirements for mailing cannabis?†

Health Canada has strict regulations on cannabis deliveries to ensure its safe transit. All deliveries must follow these and additional packaging and labelling requirements:

- ✔ **Child-proof.** Products must have child-resistant packaging.
- ✔ **Excise stamp.** An excise stamp on the packaging is proof that duties were paid.
- ✔ **Odourless.** A container with barrier properties or bag with metallized interior liner stops odour from escaping.
- ✔ **Security feature.** A tamper-evident seal assures consumers that the product has not been opened.
- ✔ **Unmarked packaging.** Packaging must not provide any indication of its contents.

For additional packaging and labelling requirements, please refer to [Health Canada's guidelines](#).



Does cannabis have any specific declaration or mailing requirements?†

Yes, couriers need proof of age and an [adult signature is required](#) from the recipient. The age restriction for receiving cannabis varies, province by province.



Legal age	Province
18	Alberta
19	British Columbia, Manitoba, New Brunswick, Newfoundland & Labrador, Northwest Territories, Nova Scotia, Nunavut, Ontario, Prince Edward Island, Saskatchewan, Yukon
21	Quebec



What are the rules for individuals looking to ship cannabis in Canada?†

Shipping cannabis in Canada rules and regulations can have similarities and differences between individuals and licensed retailers. It is the responsibility of the shipper to follow all rules and regulations for their respective province.

Please note, this is not an exhaustive list of all of the rules and regulations, and individuals should refer to the [Cannabis Act](#) for full details.

If purchasing cannabis online for delivery, there are [several things to look out for](#) to ensure you are buying your product from legal sources.



Do you have other questions about shipping cannabis in Canada?†

If you've read the regulations, rules and law on shipping cannabis to legal-age consumers and are ready to start [shipping cannabis](#), contact Purolator.

If you're looking for more information on shipping (or receiving) cannabis, visit the [Government of Canada's cannabis information page](#).